

ACADEMIC CALENDAR

2024-2025

BHARAT NATYAM

GRADE 9 SEMESTER I

Month	TOPIC	OBJECTIVE	HOURS
JUNE	Namaskriya, Vyayam and detailed knowledge of Bharatanatyam.	Exercises such as warm up, stretching, meditation and thorough knowledge of the dance form.	2
JUNE	Asamyukta Hasta & knowledge of school of Bharatanatyam that Guru follows	Theory & Steps including basic footwork, postures and hand gestures	4
JULY	Bhedas & Adavus- Tatta Adavu & Natta Adavu	Theory & Steps including basic footwork, postures and hand gestures	4
JULY	Natya Krama & Adavus- Tatta Adavu & Natta Adavu	Theory & steps comprising of footwork and hand movements.	4
AUGUST	Adavus- Metta and Tatta kuditta metta adavu	Steps comprising of footwork and hand movements.	4
AUGUST	Adavus - Tirmanam & Kuditta Metta Adavu	Steps comprising of footwork and hand movements.	5
SEPTEMBER	Adavus- Vishru adavu & knowledge of Classical dance forms and styles.	Steps & Theory regarding Indian Classical dance styles	4
SEPTEMBER	Explain :- Araimandi, Trikalam, Samapada, Mandalam & Revision of earlier portion	Theory & Shlokas	3
TOTAL			30

BHARAT NATYAM

SEMESTER II

Month	TOPIC	OBJECTIVE	HOURS
NOVEMBER	Sarikkal Adavu & Peri Adavu	Steps including basic footwork, postures and hand gestures	3
NOVEMBER	Mandi adavu & Tatti mettu in panch jaatis	Steps including basic footwork, postures and hand gestures	3
DECEMBER	Kautukam/Gitam & Samyukta Hasta	Practical & Shlokas	5
DECEMBER	Kautukam/Gitam & Samyukta Hasta	Practical & Shlokas	5
JANUARY	Kautukam/Gitam & Mandala bheda	Practical & Shlokas	3
JANUARY	Kautukam/Gitam & Drishti bheda	Practical & Shlokas	5
FEBRUARY	Panch Jaatis & definitions of Adavu, Laya, tala, Nritya, Natya & Nritha	Understanding basic talas (Panch Jaatis) and theory.	3
FEBRUARY	Knowledge of folk dances of Goa	Brief knowledge about folk dances	3
TOTAL			30